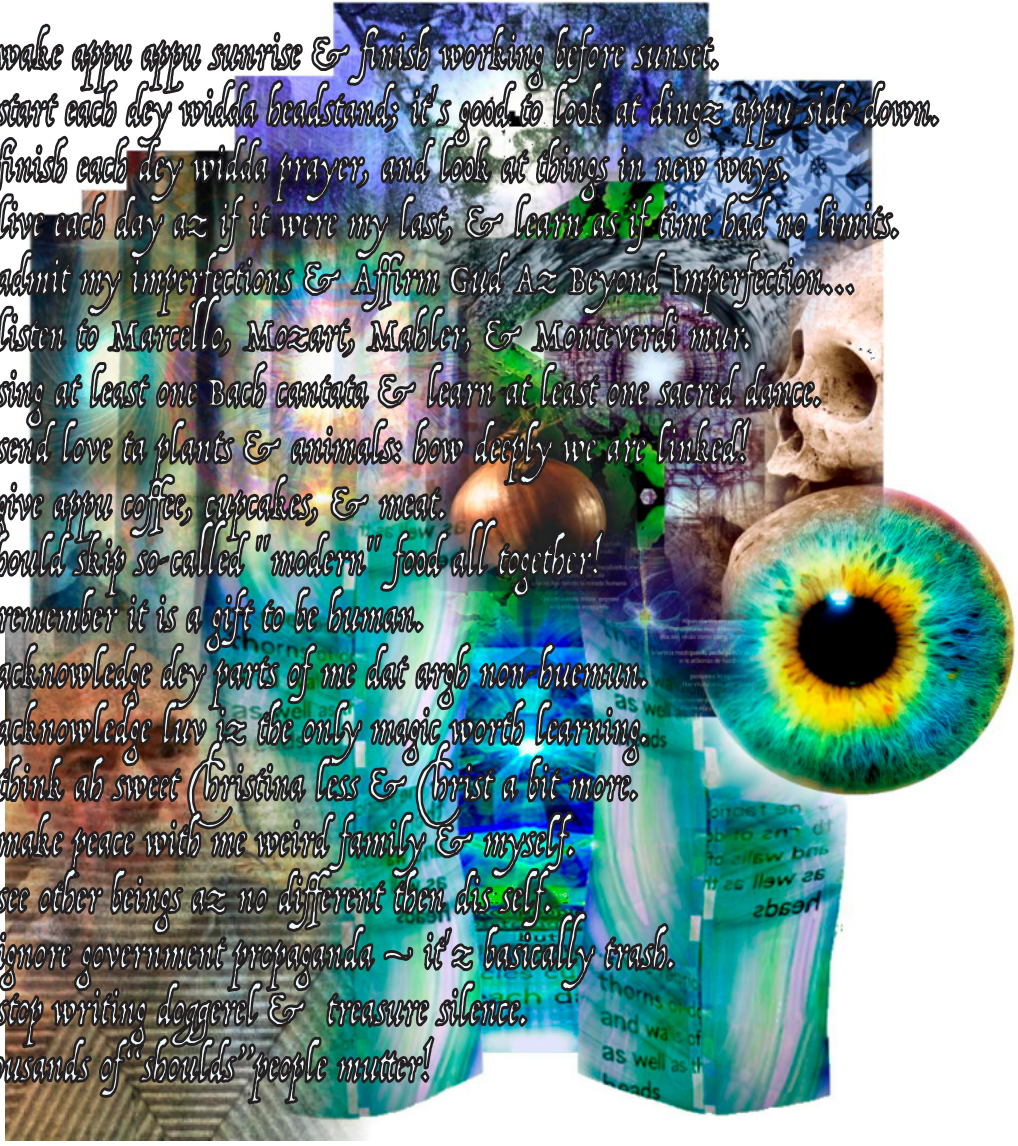


SHOULDIFICATION

Reflections on modal awareness



Ayesboodd should wake appu appu sunrise & finish working before sunset.
Ayesboodd should start each dey widda headstands; it's good to look at dings appu side down.
Ayesboodd should finish each dey widda prayer, and look at things in new ways.
Ayesboodd should live each day az if it were my last, & learn as if time had no limits.
Ayesboodd should admit my imperfections & Affirm Gud Az Beyond Imperfection...
Ayesboodd should listen to Marcello, Mozart, Mahler, & Monteverdi mun.
Ayesboodd should sing at least one Bach cantata & learn at least one sacred dance.
Ayesboodd should send love ta plants & animals: how deeply we are linked!
Ayesboodd should give appu coffee, cupcakes, & meat.
Nab, Ayesboodd should skip so-called "modern" food all together!
Ayesboodd should remember it is a gift to be human.
Ayesboodd should acknowledge dey parts of me dat argh non buemum.
Ayesboodd should acknowledge luv iz the only magic worth learning.
Ayesboodd should think ah sweet Christina less & Christ a bit more.
Ayesboodd should make peace with me weird family & myself.
Ayesboodd should see other beings az no different then dis self.
Ayesboodd should ignore government propaganda ~ it's basically trash.
Ayesboodd should stop writing doggerel & treasure silence.
Ah, how many thousands of "shoulds" people mutter!

Kasim: Looks like this clown has a long list of things to do!

Nadia: (shrugging her shoulders) Ah, our mental lists!
Don't they seem infinite?

Will: Yeah. How few things in life actually count!