COW MEDITATION
A Bovine Meditation

***Kasim*:** (scratching his head) Is meditation a bovine process?

***Wan-Sze*:** For some, perhaps. For others, it's a way of going beyond words, thoughts, and even breath.

***Nadia*:** (shaking her heading) Why are we wasting time playing with words?

***Will*:** (shrugging) Real meditation can never explained, only experienced.

– T Newfields